

DSC Training Schedule V1 – April 2021

Academy 2		
Monday	Houghton Leisure Centre	18.30 - 19.15
Academy 3		
Monday	Houghton Leisure centre	19.15 – 20.00
Sunday	Houghton Leisure centre	08.45 – 09.30
Development		
Tuesday	Dunstable Centre	19.15 – 20.15
Sunday	Houghton Leisure Centre	08.00 – 08.45
Transition		
Friday	Dunstable Centre	19.15 – 20.15
Saturday	Land Training (Park)	11.30 – 12.15
Sunday	Dunstable Centre	15.00 – 15.45
Competition BagCat		
Tuesday	Dunstable Centre	19.15 – 20.15
Friday	Dunstable Centre	20.30 – 21.30
Saturday	Land Training (Park)	11.30 – 12.15
Sprint 1		
Tuesday	Dunstable Centre	19.15 – 20.15
Friday	Dunstable Centre	19.15 – 20.15
Saturday	Land Training (Park)	10.45 – 11.30
Sunday	Dunstable Centre	15.00 – 15.45
Sprint 2		
Tuesday	Dunstable Centre	20.30 – 21.30
Wednesday	Dunstable Centre	20.15 – 21.30
Saturday	Land Training (Park)	10.45 – 11.30
Sunday	Dunstable Centre	16.00 – 17.15
Sprint 3		
Tuesday	Dunstable Centre	20.30 – 21.30
Wednesday	Dunstable Centre	20.15 – 21.30
Friday	Dunstable Centre	20.30 – 21.30
Saturday	Land Training (Park)	10.00 -10.45
Sunday	Dunstable Centre	16.00 – 17.15
Performance		
Tuesday	Dunstable Centre	20.30 – 21.30
Wednesday	Dunstable Centre	20.15 – 21.30
Friday	Dunstable Centre	19.15 – 21.30
Saturday	Land Training (Park)	10.00 – 10.45
Sunday	Dunstable Centre	15.00 – 17.15