

DSC Schedule September 2021 v4

<b>Academy 2</b>			
Monday	Houghton Regis	18:30 – 19:15	Pick 2 of the 4 sessions
Thursday	Dunstable	19:00 – 19:45	
Friday	Dunstable	19:00 – 19:30	
Sunday	Houghton Regis	08:00 – 08:45	
<b>Academy 3</b>			
Monday	Houghton Regis	19:15 – 20:00	Pick 2 of the 4 sessions
Thursday	Dunstable	19:00 – 19:45	
Friday	Dunstable	19:30 – 20:00	
Sunday	Houghton Regis	08:45 – 09:30	
<b>Development</b>			
Wednesday	Dunstable	20:00 – 20:45	
Friday	Dunstable	19:00 – 20:00	
Sunday	St Albans	09:00 – 10:00	
<b>Transition</b>			
Tuesday	Dunstable	19:00 – 20:00	
Wednesday	Dunstable	20:00 – 20:45	
Friday	Dunstable	20:00 – 21:00	
Saturday	Land training	10:00 – 10:45	
Sunday	St Albans	09:00 – 10:00	
<b>Competition Bagcat</b>			
Tuesday	Dunstable	19:00 – 20:00	
Wednesday	Dunstable	20:45 – 21:45	
Friday	Dunstable	19:00 – 20:00	
Saturday	Land training	10:00 – 10:45	
Sunday	St Albans	10:00 – 12:00	
<b>Sprint 1 &amp; 2</b>			
Tuesday	Dunstable	20:00 – 21:00	
Wednesday	Dunstable	20:45 – 21:45	
Thursday	Dunstable	19:45 – 21:00	
Friday	Dunstable	20:00 – 21:00	
Saturday	Inspire	09:00 – 10:00	Monthly rotation
Saturday	Land training	10:45 – 11:30	
Sunday	St Albans	10:00 – 12:00	
<b>Sprint 3</b>			
Monday	Dunstable	19:00 – 20:00	
Tuesday	Dunstable	19:00 – 21:00	
Wednesday	Dunstable	20:00 – 21:45	
Thursday	Dunstable	19:45 – 21:00	
Saturday	Inspire	09:00 – 10:00	Monthly rotation
Saturday	Land training	11:30 – 12:15	
Sunday	St Albans	10:00 – 12:00	
<b>Performance</b>			
Monday	Dunstable	19:00 – 21:00	
Tuesday	Dunstable	19:00 – 21:00	
Wednesday	Dunstable	20:00 – 21:45	
Thursday	Dunstable	19:45 – 21:00	
Friday	Dunstable	20:00 – 21:00	
Saturday	Inspire	09:00 – 10:00	Monthly rotation
Saturday	Land training	11:30 – 12:15	
Sunday	St Albans	10:00 – 12:00	
<b>Masters</b>			
Monday	Dunstable	20:00 – 21:00	
Tuesday	Dunstable	20:00 – 21:00	
Wednesday	Dunstable	20:45 – 21:45	
Saturday	Land training	11:30 – 12:15	
Sunday	St Albans	10:00 – 12:00	

September	Performance
October	Sprint 3
November	Sprint 2
December	Sprint 1
January	Performance
February	Sprint 3
March	Sprint 2
April	Sprint 1
May	Performance
June	Sprint 3
July	Sprint 2
August	Sprint 1